

## Many Paths Towards Wholeness: Discovering Authentic Spirituality on the Road to Recovery

September 23<sup>rd</sup>, 2021

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For more about our presenter, Nina Marie Corona, visit:

[www.wethirstseries.com](http://www.wethirstseries.com)  
Christian Addiction Education

[www.apeopleafire.org](http://www.apeopleafire.org)  
Christian faith-based movement

Or email Nina at [ninamariecorona@yahoo.com](mailto:ninamariecorona@yahoo.com).

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### **SOURCES CITED**

American Society of Addiction Medicine's (ASAM) Definition:  
<https://www.asam.org/Quality-Science/definition-of-addiction>

National Institute on Drug Abuse (NIDA) Definition:  
<https://www.drugabuse.gov/publications/media-guide/science-drug-use-addiction-basics>

Duke University's Center for Spirituality, Theology, & Health  
<https://spiritualityandhealth.duke.edu/index.php/handbook-of-religion-and-health>

NIDA research  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4455957/>

Integrating Spirituality into Treatment: Resources for Practitioners. 1999.  
Washington, DC: American Psychological Assoc.

Kenneth I. Pargament. Spiritually Integrated Psychotherapy: Understanding and Addressing the Sacred. 2007. The Guilford Press, NY.

White, W. L. (1998). Slaying the dragon: the history of addiction treatment and recovery in America. Chestnut Health Systems/Lighthouse Institute.

White, W. & Laudet, A. (2006). Spirituality, science and addiction counseling. Counselor Magazine, 7(1), 56-59.

So Help Me God: Substance Abuse, Religion and Spirituality. Study Conducted by Columbia University's National Center on Addiction and Substance Abuse (CASA). 2001.  
<https://www.ojp.gov/ncjrs/virtual-library/abstracts/so-help-me-god-substance-abuse-religion-and-spirituality>

Schneiders, Sandra Marie. "Religion and Spirituality: Strangers, Rivals, or Partners?" The Santa Clara Lectures 6, no.2 (Feb. 6, 2000).

### **RESOURCES**

Spirituality (video)  
<https://youtu.be/x4uBAjo0bJI>

Faces and Voices of Recovery  
12-Step Programs and Mutual Aid Recovery Resources  
<https://facesandvoicesofrecovery.org/resources/mutual-aid-resources/>

Matt Talbot Retreat Movement  
<https://matttalbotretreats.org>

The Spirituality of Matt Talbot  
Recording of Virtual Retreat by Nina Marie  
Corona  
<https://youtu.be/ff5esZDMLLE>

Calix Society  
Promotes spiritual development for those  
affected by addiction  
<https://www.calixsociety.org/>

American Institute of Health Care  
Professionals Database of Trained Spiritual  
Counselors  
[https://aihcp.net/members-  
directory/wpbdp\\_category/spirit/](https://aihcp.net/members-directory/wpbdp_category/spirit/)

Spiritual Directors International  
Database of Spiritual Directors and  
Companions  
[https://www.sdicompanions.org/find-a-spiritual-  
director-companion/](https://www.sdicompanions.org/find-a-spiritual-director-companion/)

Belief, Behavior, and Belonging: How Faith is  
Indispensable in Preventing and Recovering from  
Substance Abuse  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6759672/>

### CRISIS HELP

In an emergency situation, DIAL 911.

Be CLEAR, CONCISE, and CALM.

Provide as much information as possible: Include your family member's diagnosis and his/her list of prescribed medications.

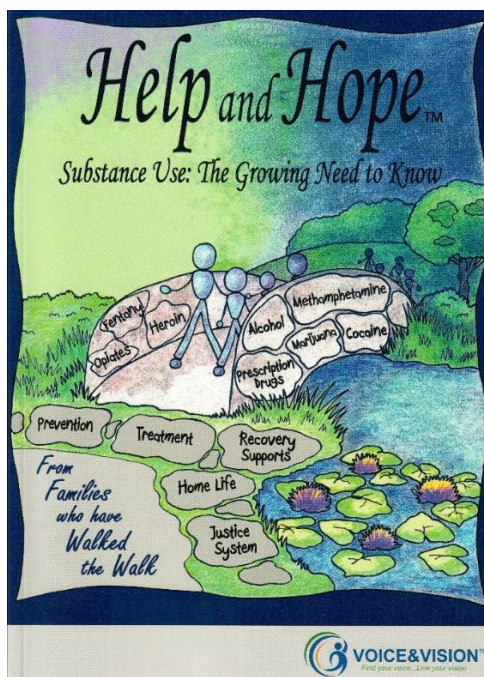
ASK if there are Crisis Intervention Team (CIT) Officers in your area. These officers have special training to help individuals who experience crisis situations.

#### Suicide & Crisis Intervention Services

1-800-499-7455 Bucks County  
610-280-3270 or 1-877-918-2100 Chester County  
855-889-7827 Delaware County  
610-279-6100 or 855-634-4673 Montgomery County

#### NATIONAL SUICIDE PREVENTION LIFELINE:

**1-800-273-TALK (8255)**



## Help and Hope™

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In this 300-page edition of *Help and Hope™*, readers are presented a foundational understanding of substance use and addiction and given content from guest authors from the "front lines" of the fight who provide information about prevention, treatment, and recovery supports. Those with first-hand experience with substance use and addiction share their engaging, emotionally compelling testimonies.

Resources include an extensive list of local, state, and national substance use resources including specific information for how to get help in BUCKS, CHESTER, DELAWARE, & MONTGOMERY counties.

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